

Treatment Menu



CORINTHIA SPA

X

sisley
PARIS



RELAX & REJUVENATE

For those in search of both indulgence and invigoration, Corinthia Spa featuring Sisley promises an experience that transcends the ordinary. Spanning an impressive 1,200 square meters, this sanctuary of serenity offers state-of-the-art facilities and a menu of bespoke treatments that expertly soothe, restore and rejuvenate.



RITUALS

RITUALS

Experience an ode to the Black Rose in an exceptional 90-minute experience that awakens all the senses. An enchanting interlude for the body, face and mind, where tension is released for a total regeneration.

Sisley Black Rose Treatment (face & body) | 90 minutes | €310

A facial massage using real Quartz stones that relaxes the face, smoothes features and reveals the skin's radiance, combined with enveloping techniques of relaxation to unwind the whole body from head to toe.

A true escape to the heart of the Black Rose sensoriality, providing an immediate sensation of well-being, leaving the skin comfortable and petal-soft. The complexion is fresher, the skin is plumped and signs of fatigue and age are smoothed away. A complete ritual where nothing is left to chance for a total escape.



RITUALS

Inspired by the benefit bought by the contrast of heating and cooling therapies and a great way to recharge after busy days and nights in Brussels, this full body treatment invigorates and renews.

ESPA City Recharge Ritual | 120 minutes | €310

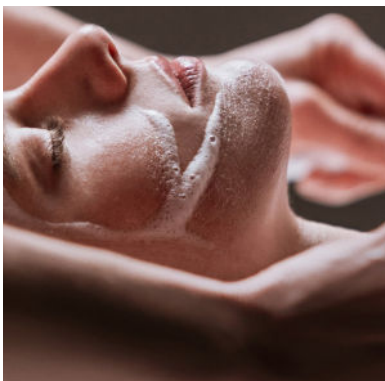
Using warming volcanic stones to improve circulation and melt away muscle tension, followed by an age-defying facial massage with chilled cryo globes to firm, soothe and invigorate skin, mind and body.

Includes: *Full body massage with hot stones – age-defying Cryo globe facial massage – isotonic eye mask - scalp massage.*





FACIALS



The Sisley Phyto-Aromatic Treatments combine massage rituals from all over the world, created with the respect of local traditions and the power of aromatherapy, to reunify body and mind.

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“Corinthia began as a family business, and so did Sisley. Sisley’s story started as a family adventure with more than 80 years of experience.”

The Sisley Phyto-Aromatic Treatments exist in different versions for face and body, each has its own specific massage technique designed to meet the needs of each skin and its dream answer.

FACIALS

The Sisley Phyto-Aromatic Purifying Facial | 60 minutes | €215

Designed for combination, oily and problem skins, the Phyto-Aromatic Purifying Facial cleanses and purifies the skin while maintaining its water balance. The pores are tightened, the skin purified and the complexion evened out. The face restores its transparency, freshness and glow.

The Sisley Phyto-Aromatic Restorative Facial | 60 minutes | €215

A precious moment of relaxation for stressed or irritated skin, the Phyto-Aromatic Restorative Facial is incredibly gentle. Skin is soothed and regains its vitality, comfort and bygone serenity.

The Sisley Phyto-Aromatic Nourishing Facial | 60 minutes | €215

Rich and unctuous, the Phyto-Aromatic Nourishing Facial has been designed to treat dry skin types lacking lipids. With extreme richness, this treatment helps the skin regain its elasticity and a wonderful sensation of comfort.

The Sisley Phyto-Aromatic Men Facial | 60 minutes | €215

Exclusively designed for men, the Phyto-Aromatic Facial for Men offers a moment of relaxation thanks to a very specific product ritual. It combines efficiency and well-being for a hydrated, toned and fatigue-released skin.

FACIALS

The Phyto-Aromatic Sisleya Facial | 90 minutes | €310

In 90 unforgettable minutes, the Phyto-Aromatic Facial offers a complete treatment involving sophisticated procedures, with in-depth remodelling and the restoring of a youthful skin. Fine lines and wrinkles are smoothed. The epidermis is toned, firmer, more resilient. Skin appears younger and healthier.

This protocol exists in 3 different versions:

- *Normal skin*
- *Dry to very dry skin*
- *Combination to oily skin*

The Sisley Phyto-Aromatic Intensive Hydrating Facial | 90 minutes | €290

Concentrated in active ingredients which encourage water circulation within the epidermis, the treatment helps restore the ideal water balance in the skin. More supple and toned, the skin regains the bounce, glow and radiance of a young skin.





BODY TREATMENTS

MASSAGE

ESPA Mindful Massage | 90 minutes | €180

Soothe away stress and return body and mind to the present moment with this holistic and blissfully re-balancing experience. Unique in every way, guided breathing and visualisation combine with deeply therapeutic massage to release physical and emotional anxieties, relax the mind, and restore a positive spirit.

Includes: Breathwork and visualisation – massage to the metamorphic zones of the feet – full body massage – calming rose quartz crystal massage – scalp massage.

ESPA Inner Calm Massage | 60 / 90 minutes | €130 / €180

Quieten your mind, release tension and nourish your skin with this holistic, ultimately restorative experience. Personalised to your physical and emotional needs, carefully chosen aromatherapy blends relax, cleanse or energise, while advanced massage alleviates muscular pressure, soothes anxiety and invokes profound relaxation. Mind and body feel balanced, energy renewed and inner calm beautifully restored.

Includes: Breathwork – full body aromatherapy massage – calming rose quartz crystal massage – scalp massage.

MASSAGE

ESPA Deep Muscle Massage | 60/90 minutes | €145/€195

Restore comfort, suppleness and movement with this intensely effective massage. Active stretching and specialised massage with expertly blended aromatherapy oils alleviate deep-seated tension in the neck, shoulders and back with instant and lasting effect. Muscular pain is diminished, leaving you feeling stronger and more energised.

Includes: *Targeted massage, with or without hot stones, focussing on areas of concern.*

ESPA Hot Stone Massage | 60/90 minutes | €145/€195

Discover lasting relaxation for mind and body with this aromatherapeutic treatment. Tailored massage with hot stones unravels persistent muscular tightness and discomfort while pure, aromatic essential oils encompass the mind to relieve stress, recharge spirits and leave you feeling rejuvenated.

Includes: *Full body aromatherapy massage with hot stones – scalp massage.*

ESPA Balance Body Massage | 60/90 minutes | €130/€180

Immerse yourself in deep relaxation and calm as elongated, sweeping strokes and rhythmic massage movements with therapeutic aromatherapy oils ease muscular pressure and warm your entire body. A supremely gentle and comforting massage for those who prefer a lighter touch.

Includes: *Full body massage.*

MASSAGE

ESPA Pre Natal Massage | 60 / 90 minutes | €145 / €195

Nurture your changing body through every evolution. Calm your mind and relax your body with this personalised treatment. Composed to suit your individual needs and stage of pregnancy, ESPA indulges you with the purest most gentle formulas to smooth and nourish the skin. Precise, expert massage soothes tight, tender muscles and restores blissful relaxation.

Includes: *Back exfoliation (if required) – focussed body massage – scalp massage.*

ESPA Revitalizing Leg Massage | 45 minutes | €100

Soothe tired, aching feet and legs with this luxurious and revitalising treatment. Cleanse and smooth hard-working feet and lower legs, then treat them to a rejuvenating and intensely reviving massage – restoring cool comfort and leaving you ready for another active day.

Includes: *Foot cleanse – lower leg and foot exfoliation and massage.*





BODY

ESPA Iconic Back, Face & Scalp Treatment | 90 / 120 minutes | €230 / €280

Unravel tension, instantly boost your complexion and restore inner calm with our most renowned treatment. Targeted massage techniques combine with the purest aromatherapy oils and a highly-personalised facial helping you to look and feel your very best – restored, de-stressed and beautifully radiant.

Includes: Back exfoliation – back massage with (120 mins) or without (90 mins) hot stones – Inner beauty facial – scalp massage.

ESPA Renewing Body Ritual | 90 minutes | €230

This renewing full body treatment draws upon traditional holistic practises and techniques to restore balance to mind and body. Rose quartz Gua Sha and powerful essential oils combine to clear blocked energy pathways, melt muscle tension and release tightness helping to improve comfort and ease.

Includes: Body exfoliation – full aromatherapy body massage with Gua Sha to arms, neck, shoulders and scalp.

ESPA Sleep Ritual | 90 minutes | €230

The definitive answer to a truly blissful night's sleep. Quiet your mind, release physical tension and dispel emotional anxieties with this holistic experience. Restoring mind and body to a harmonious balance, guided breathing and visualisation techniques combine with hot stone massage to help clear the mind. This soporific ritual cradles you to a meditative bliss, allowing you to completely switch-off, sink into uninterrupted slumber and sensorial serenity.

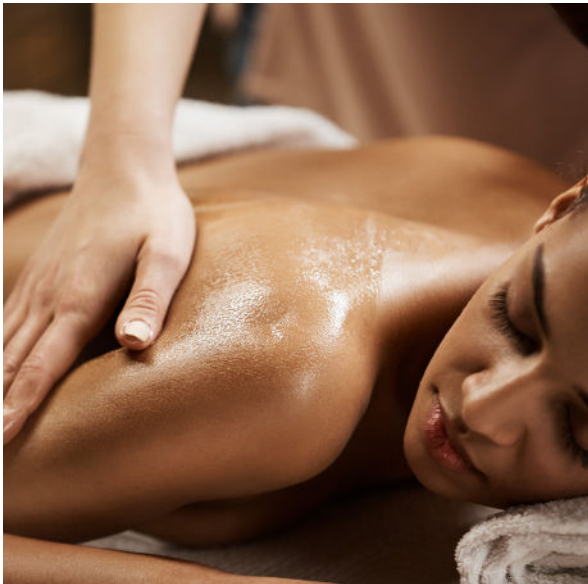
Includes: Breathwork, visualisation and polarity – full body massage with hot stones – therapeutic scalp massage.

BODY

ESPA Muscle Reviver | 60 minutes | €145

Relax and revive body and mind with this multi-targeted massage. Instantly alleviate tension with this powerful yet soothing treatment focusing on the back, legs and scalp. Using personally selected essential oils, persistent tension in the back is eased, legs and feet are re-energised and a positive mindset is restored.

Includes: Foot cleanse – back massage – lower leg and foot exfoliation – leg and foot massage.



SPA ACCESS

Spa Access

Complimentary for hotel guests.

External guest policy

Access to spa facilities is included with any treatment lasting 90 minutes or longer, with a maximum duration of one hour before the appointment.

Access to the spa is available for a fee of €30.00 for treatments under 90 minutes, with a maximum duration of one hour before the appointment.

Please confirm eligibility when booking.

Arrival Time

We kindly request you arrive at least 15 minutes before your appointment to complete any necessary consultation forms and enjoy your experience.

Health Conditions

Please inform us of any medical conditions, allergies, or injuries prior to your appointment to ensure your treatment is suitable.

Age Policy

The pool is available for children at selected times: from 8am to 10am and from 6pm to 8pm.

Exclusively available to hotel guests.

Cancellation Policy

Cancellations or changes must be made at least 24 hours in advance to avoid a cancellation fee.

All prices are inclusive of VAT at current rate.

Spa opening hours

Daily: 8am – 9pm

Treatments available upon reservation

Daily: 9am – 9pm

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